

Newsletter

March 2007

Welcome to the March Newsletter! This month you will find **SPECIAL OFFERS** for both our adventure activities and our [online shop](#), plus a comprehensive list of dates for activities and courses!!!

Gorillapod - **SPECIAL OFFER!!!**

It's lightweight, compact, portable, bendable, wrappable and it's a tripod!

The Joby Gorillapod firmly secures your compact digital camera to just about anything – anywhere and everywhere! It wraps around posts, trees, and railings, even sides of rocks, to form a stable anchor for compact cameras.

The Gorillapod has legs that can be contorted into various positions, made possible by ball and socket type joints that bend and rotate 360 degrees. The Gorillapod also doubles as a standard mini tripod with rubber grips on the feet.

It is supplied with a quick release plate that can be clicked into position and the release button can be locked for added security.

Usually retailing at £19.00 each, we are offering £6.00 off the standard Gorillapod until 10th March only, so be sure to [order yours](#) before they're all snapped up!



"Thank you for the excellent customer service!" - Daniel, January 2007

Forthcoming Activities and Courses:

Survival and Bushcraft

16th-18th March £185pp - 2 day course

SPECIAL OFFER: Book 2 places, get a 3rd FREE!!!

Applies to March course only.

13th-15th April £185pp - 2 day course

18th-20th May £185pp - 2 day course

15th-17th June £185pp - 2 day course



Rock Climbing and Abseiling

3rd March 9:00am-12:30pm £42pp - Half day taster

11th March 1:30pm-5:00pm £42pp - Half day taster

18th March 1:30pm-5:00pm £42pp - Half day taster

5th May 9:00am-12:30pm £42pp - Half day taster

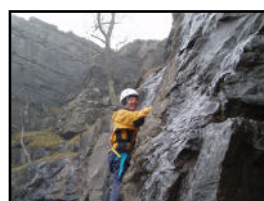
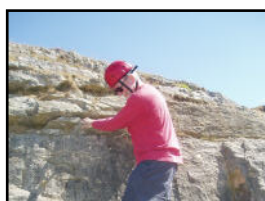
5th May 9:00am-4:30pm £84pp - Full day intro

5th-6th May 9:00am-4:30pm £248pp - 2 day course INCL. B&B!

11th May 9:00am-4:30pm £84pp - Full day intro

12th May 9:00am-4:30pm £84pp - Full day intro

12th May 1:30pm-5:00pm £42pp - Half day taster



White Water Rafting - River Tryweryn

17th March 2:00pm-4:00pm £385 per raft (holds 4-7)

24th March 2:00pm-4:00pm £68pp or £385 per raft (holds 4-7)

7th April 2:00pm-4:00pm £68pp

14th April 2:00pm-4:00pm £385 per raft (holds 4-7)

22nd April 2:00pm-4:00pm £386 per raft (holds 4-7)

28th April 1:30pm-3:30pm £68pp or £385 per raft (holds 4-7)

5th May 2:00pm-4:00pm £68pp or £385 per raft (holds 4-7)

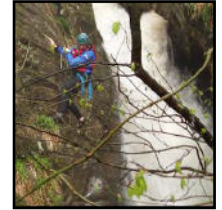
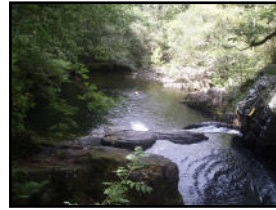
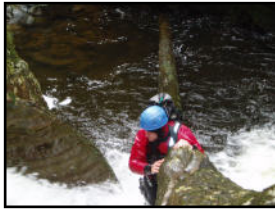
12th May 9:00am-11:00am £385 per raft (holds 4-7)

12th May 4:30pm-6:30pm £385 per raft (holds 4-7)

Many more dates available - please phone to check availability!

Gorge Walking

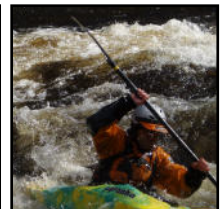
1st March	10:00am-1:30pm	£42pp - Half day
10th March	9:00am-12:30pm	£42pp - Half day
11th March	9:00am-12:30pm	£42pp - Half day
18th March	9:00am-12:30pm	£42pp - Half day
7th April	9:00am-12:30pm	£42pp - Half day
7th April	1:30pm-5:00pm	£42pp - Half day
10th April	1:30pm-5:00pm	£42pp - Half day
6th May	9:00am-12:30pm	£42pp - Half day
13th May	9:00am-4:30pm	£84pp - Full day
13th May	1:30pm-5:00pm	£42pp - Half day
26th May	1:30pm-5:00pm	£42pp - Half day



Kayaking

10th March	1:30pm-5:00pm	£42pp - Half day flat water taster
17th March	9:00am-12:30pm	£42pp - Half day flat water taster
19th March	9:00am-4:30pm	£94pp - Full day white water intro
12th May	9:00am-12:30pm	£42pp - Half day flat water taster
12th May	9:00am-4:30pm	£84pp - Full day intro
26th May	9:00am-4:30pm	£94pp - Full day white water intro
26th-27th May	9:00am-4:30pm	£258pp - 2 day course INCL. B&B!

SPECIAL OFFER: Book a place on this course and get a 3rd day White Water paddling on 28th May for just £74pp, saving £20!!! Applies to 26th-27th May course only.



Mountain Biking

20th March	1:30pm-5:00pm	£42pp - Half day
12th May	9:00am-12:30pm	£42pp - Half day

Rescue Emergency Care First Aid

3rd-4th March	£125pp - 2 day course
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